

Margaret McWethy – supply list

I studied color at the Cape School in Provincetown. The Cape School under Charles Hawthorne and later Henry Hensche was all about understanding color. The Cape School method employs a full color palette and palette knife. While you can arrive at many colors with a limited palette, more mixing is required which may deaden the colors. Proponents of a limited palette feel it is easier to achieve a harmony if a little of every color is in the mix. And it is arguable, if one had the most pure form of each primary, the infinite number of colors in the universe can be mixed. This may be so, but it makes it harder to find a particular color and to keep things fresh.

Oil paint - at least the colors in bold

I am looking for a warm and cool in each of the primaries plus orange and white

Cadmium Lemon

Cadmium Yellow Pale*

Cadmium Yellow

Cadmium Orange

Cadmium Scarlet

Cadmium Red

Permanent Rose

Permanent Magenta

Ultramarine Deep

Cerulean Blue or phthalo turquoise

Viridian

Permanent Green Light

Titanium White

Gessoed hardboard - (10) 12x 16, 11x14, 10x12, 8x10 any of these sizes. See note.
or Canson canvas paper

palette knife See note

easel

palette

paper towels

Notes on supplies:

below is a link to the type of palette knife I would like you to have.

<https://www.dickblick.com/items/03103-1044/>

This method works the best on a smooth gessoed support. Canvas does not work well as with a palette knife.

Most people use gessoed hardboard (often referred to by the brand name Masonite). The most economical way to obtain this is going to the lumber yard (Home Depot, Lowes, etc) and having them cut it up or cutting it up yourself. Home Depot sell hardboard in quarter sheets (2x4 feet). Prime this with a couple of coats of gesso brushed on until it is smooth. You may also use white or off white matte latex house paint.

If you purchase hardboard from an art supply store, make sure it has some tooth. If it does not, put on a coat of gesso. If the board is slick, you will have trouble applying paint.

*I use Winsor Newton cadmium yellows. WN cadmium yellow pale is the same as many other brand cadmium yellow. So either get WN cad. yellow pale or another brand cad. yellow.